

Career Freedom in the Age of AI: Building Clarity, Confidence, and Control

Stephanie Hills, Ph.D

Hills Coaching & Consulting (HC&C), USA

Artificial intelligence is transforming the world of work faster than ever before. For many professionals, the pace of change brings both opportunity and uncertainty: roles are shifting, skills are evolving, and the traditional career path no longer feels secure. The question is no longer “Will AI change my career?” but “How do I stay confident, relevant, and in control as it does?”

In this talk, I will share how leaders and ambitious professionals can find freedom in the age of AI by cultivating clarity, confidence, and control. Drawing from my 25+ years as a technology executive leading global engineering teams, and from my Career Freedom Framework, I will show how to navigate disruption without burnout, second-guessing, or fear of being left behind.

Attendees will learn how to:

Identify and leverage human strengths AI cannot replace—creativity, vision, empathy, and influence.

Build confidence by reframing uncertainty as opportunity.

Gain clarity on values and direction to avoid drifting into misaligned roles.

Take back control by creating an intentional career path that balances growth, purpose, and well-being.

AI will continue to automate tasks, but leadership, strategy, and human impact will remain the foundation of extraordinary careers. When we stop resisting change and start shaping it, we unlock freedom—the freedom to design a career that excites us, to lead with authenticity, and to thrive in a future where human and machine potential coexist.



UJWEL/SEP/2025/STEPHANIE HILLS



UNIVERSAL
JOURNAL OF
21ST CENTURY
Women's Entrepreneurship,
Leadership, Technology & Publishing

**21st CENTURY LEADERSHIP, ENTREPRENEURSHIP,
AI, TECHNOLOGY AND WELLNESS CONFERENCE**

In association with

“Universal Journal of 21st Century Women's Entrepreneurship, Leadership, Technology & Publishing (UJWEL)”

Biography

Dr. Stephanie Hills is a Fortune 500 technology executive turned entrepreneur and Career Freedom coach. She holds a Ph.D. in Software Engineering and brings 25+ years of experience leading global teams in cloud innovation, data intelligence, and high-performance engineering. Stephanie has advised startups and served as a Women in Leadership Advisor for the University of North Georgia.

Today, she helps women and tech leaders reinvent their careers with clarity and confidence—guiding them from burnout to bold leadership. As the creator of the Career Freedom Framework, Stephanie empowers professionals to move beyond uncertainty and stagnation to build careers that align with their passion, values, and dreams. Through her coaching and speaking, she inspires leaders to embrace disruption, unlock their potential, and design a life of freedom and impact.



UNIVERSAL
JOURNAL OF
21ST CENTURY
Women's Entrepreneurship,
Leadership, Technology & Publishing

**21st CENTURY LEADERSHIP, ENTREPRENEURSHIP,
AI, TECHNOLOGY AND WELLNESS CONFERENCE**

In association with

"Universal Journal of 21st Century Women's Entrepreneurship, Leadership, Technology & Publishing (UJWEL)"