



THE 2025 NEXT GEN WOMEN'S LEADERSHIP, ENTREPRENEURSHIP, POSITIVE PSYCHOLOGY, SPIRITUAL LEADERSHIP CONFERENCE

MAY 02, 2025 | VIRTUAL CONFERENCE

Sofia Carpenter is a beacon of resilience and transformation, dedicated to empowering women who refuse to let loss define them. As the visionary founder of Mind Mastery: The Hidden Secret to Become Powerful, she guides high-driven women through the depths of grief, helping them reclaim their confidence, heal from within, and turn their pain into purpose.

Sofia's journey is one of profound loss, survival, and unshakable strength. A tragic car accident not only took away her family but also thrust her into the foster care system and left paralyzed and in a wheelchair. Yet, through it all, she discovered a hidden power within—one that allowed her to rise, heal, and create a life of meaning beyond the pain.

Through her transformational coaching, Sofia helps women rewrite their stories. She doesn't just teach resilience; she embodies it, offering mindset shifts, practical strategies, and unwavering support to those ready to break free from the past. Her mission is clear: to show women that life after loss isn't about merely surviving—it's about thriving.

Grief does not have to be where your story ends. Your past may shape you, but it does not define you. Sofia is here to help you reclaim your power, embrace your worth, and step into a future filled with purpose, joy, and limitless potential.

Because your story isn't over—it's just waiting to be rewritten.

Biography

Sofia is a woman of resilience, a catalyst for transformation, and a fierce advocate for women who refuse to let loss define them. As the visionary founder of Mind Mastery: The Hidden Secret to Become Powerful, she is on a mission to empower passionate, high-driven women who have experienced devastating loss of a loved one to overcome the pain, regain confidence, and turn their dreams into reality.

She knows what it's like to be shattered by grief—to feel lost, overwhelmed, and unsure of how to move forward. Her world was turned upside down when she and her parents were involved in a car accident.

HIDDEN SECRET TO POWER: TURNING PAIN INTO PURPOSE

Sofia Carpenter

Founder & CEO Skin Centrick, USA

From her experience healing from grief, trauma of being put in foster care, and life challenges that took her ability to walk. But she also knows this: within every woman lies an unbreakable strength, a fire that grief cannot extinguish. Through her coaching approach, she helps women ignite that fire, transforming their pain into purpose.

Sofia doesn't just teach resilience—she embodies it. With powerful mindset shifts, actionable strategies, and unwavering support, she guides women to break free from the weight of their past and step into a future filled with joy, peace of mind, and self-worth.

She believes that life after loss isn't about merely surviving—it's about thriving. It's about honoring the love you've lost by becoming the most powerful, purpose-driven version of yourself. If you're ready to stop letting grief hold you back and start living the life you were meant for, Sofia is here to show you the way.

Here's the truth grief doesn't have to be where your story ends. And now, I want to help you do the same. Because your story isn't over—it's just waiting to be rewritten."