

WEL2023 PROGRAM
(EDITION 2)



21st CENTURY WOMEN'S ENTREPRENEURSHIP & LEADERSHIP, POSITIVE PSYCHOLOGY, MENTAL HEALTH

CONFERENCE EDITION 2

OCTOBER 27-29, 2023

27th EVENING VENUE EXHIBITION

28th NETWORKING DINNER

29th LOCAL TOUR

31st ONLINE PROGRAM

Reial Cercle Artístic de Barcelona,
Barcelona, Spain, (Reial Cercle Artístic)

Join the Global Women Leaders and
Renowned Entrepreneurs

Contact @ 1-647-952-4467
<https://etextonline.org/women-events>

10/27/2023 | Day 1 | Friday

Opening Ceremony | Souvenir Launch

Opening Ceremony by Moderator

Hon. Dame Isabel Jiménez

Chairwoman, WEL Barcelona 2023, MVD Investor Group SA, Monaco

09:30-09:40

Felix Bentz

President, Reial Cercle Artistic de, Barcelona, Spain

09:40-09:45

Jessica Breitenfeld

2nd Place Speaker Factor London

Top female speaker, Western Europe 2022

Vice President, Barcelona Women's Network (BWN), Spain

09:45-10:00

Simonetta Roma Barrera

Neuro Linguistic Programming (NLP) Coach

Trainer, Neuro Leadership and Emotional Intelligence, Spain

Talk: Equality starts at home – mutual responsibility at home to increase productivity at work

10:00-10:20

Jessica Breitenfeld

2nd Place Speaker Factor London

Top female speaker, Western Europe 2022

Vice President, Barcelona Women's Network (BWN), Spain

Talk: Good, bad and ugly of being you

10:20-10:40

Myriam Ben Farhat

Head, Learning and Development, Chess.com

Professional Coach (ICF), Spain

Talk: Breaking Barriers: How Coaching is Revolutionizing Women's Career Advancement in Tech

10:40-11:00

BWN Networking (Barcelona Women's Network) @ 11:00-11:40

Key Chair: Jessica Breitenfeld

2nd Place Speaker Factor London

Top female speaker, Western Europe 2022

Vice President, Barcelona Women's Network (BWN), Spain

Alexandra Sin Vacaru

Business lawyer and legal coach

Conscious legal services Conscious consultancy for legal professionals, lawfirms and companies, legal professionals, Spain

Talk: Rehumanising Legal Practice & How To Use Legal Issues To Grow

11:40-12:00

Michele Mahr

California State University, USA

Talk: The Implementation of Mindfulness and Positive Psychology in Mental Health Treatment: The Power of Optimism

12:00-12:20

Carolina Troncón

Catalyst for Women's Wellbeing & Mental Health: Speaker and Trainer, Spain

Talk: My Endometriosis Story: A Generational Echoes Quest for Self-Love

12:20-12:40

Dr. Kalpana Sundar

Motivational speaker, Board certified Otolaryngology/Head & Neck Surgeon, USA

Talk: Unbound Leadership

12:40-13:00

WorkShop

Pamela McAfee

DEI & B Executive & Specialist

Strategic, Creative, Healthcare Leader

Team Builder, Key performance excellence achiever, USA

Talk: The Powerful Collective of Faith, Family and Sisterhood on Black & Brown Women Entrepreneurial Leaders

13:00-13:40

Group Photo, Panel Discussions, Lunch and Networking @ 13:40-14:40

Rana Chemali

Nutritionist & Wellbeing Coach

Founder, Food Nomade, Spain

Talk: Nourishing Resilience: The Impact of Nutrition and Mindful Eating on Mental Wellbeing.

14:40-15:00

Ngozi Oyewole

Founder, Noxie Limited, Board Chair, Strategic Women & Youth Institute

President, Common Wealth Business Women Africa (CBW-Africa)

Talk: The Prevalence of Gender Based Violence around the Youths

15:00-15:20

Panel Discussion

Servant Leadership: A Heart for Service and a Head for Results

Chair:

Jeffrey P. Miller

Creighton University Interdisciplinary Leadership Program Greenleaf Center

Servant Leadership Academy, USA

Panelists:

Jill L. Harmon

Creighton University, USA

Fremont First United Methodist Church, USA

15:20-16:20

Holly Espenhover

Chief People Officer, USA

Regional Director, Human Resources (Health System), USA

Evita Salles

Servant Leadership Ambassador, USA (Virtual)

Panel Discussions, Networking Break @ 16:20-16:40

Jessika Klingspor

Founder & CEO, Nordics in Barcelona, Spain

Talk: Global Impact: The Conscious Entrepreneurship Revolution

16:40-17:00

Paula Echeverri

NEUROMOMCEO, Spain

Talk: My 3 secrets to overcome challenges using neuroscience

17:00-17:20

Sasha Garcia Gavrylyuk

The CEO News, Spain

Talk: Knowledge Entrepreneurship: How to be the CEO of exponential growth

17:20-17:40

Mpho Kabelo

Area Director, Supervising 4 clubs Mosadi tota top 100 MOST influential, Botswana

Talk: Free from the chains that were binding me

17:40-18:00

Monika Varela

Mindfulness & Emotional Education Trainer, Spain

Talk: Why having a Self-Care Mindset is important

18:00-18:20

Ramona Varga

Psychologist, Anonymous online consultation, therapy, Dubai

Talk: Endocrinology of psychosomatic diseases

18:20-18:40

Dr. Loha Hashimy

UAB, ENIDE & The Hub, Spain

Talk: Web3 and the importance of women in the tech sector

18:40-19:00

Frank Soonius

Author, Happiness coach (Trapped in a dream)/The book Purmerend, Netherlands

Talk: I ask you will your last words be: If I only had?

19:00-19:20

Renato Mosca

Founder, Senior Partner, Training Luxury, UK

Talk: The Strength Within: Unveiling the Essence of Leadership through Self-Discovery

19:20-19:40

Closing Ceremony and Venue Arts Exhibition

The Royal Artistic Circle of Barcelona

(in Catalan Reial Cercle Artístic de Barcelona) is an institution dedicated to the promotion of art located in Barcelona. It was founded in 1881 by Eliseo Meifren, Modest Urgell, Joaquim Mir, Ramon Casas, Isidre Nonell and Hermenegildo Anglada Camarasa, and recognized with the title of Royal Artistic Circle by King Alfonso XIII in 1916. It was installed first in the Canonja building, to later move to Gran Via, La Rambla, Plaza Catalunya and, finally, to the Pignatelli Palace, in Arcs Street.

10/28/2023 | Day 2 | Saturday

Networking Breaks

Special Session: NEUROFIT

Paula Echeverri

NEUROMOMCEO, Spain

09:00-09:30

Virginia Mijes Martin

President, Blockchain Association, Catalonia

Women Leaders in Technology, Spain

09:30-09:50

Talk: Women's Entrepreneurs are reshaping the tech industry

Amb. Terry Earthwind Nichols

Co-Founder, Evolutionary Healer, LLC

Creator, Repetitive Behavior Cellular Regression® (RBCR),

The CR Process® GMRBCRP United Refugee Green Council (URGC), USA

09:50-10:10

Talk: Cellular Memory and Its Use in Science Today

Session Talks

Christine Tobler

Founder, SynergiLEAD. Executive Coach and Facilitator. Emotional Intelligence

Certified Coach. Principle Consultant

10:10-10:30

Talk : Leading with Emotional Intelligence: harness the power within

Panel Discussions, Networking Break @ 10:30-10:40

Angela Jide Jones

Sewa Capital Limited, Nigeria

Talk: The Rise Of Women In Unconventional Arenas And Their Impact On Society

10:40-11:00

Marina K. Villatoro

Serial Entrepreneur, Educator and Podcast Host, Spain

Talk: Burnout to Passion -How to Reignite the Passion and Grow Bigger

11:00-11:20

Olebile Daphney Muzila

Bookbinder Business Law (BBL), Botswana

Talk: Creating Your Own Table – Olebile Muzila

11:20-11:40

Maria Yanci

Positive Intelligence Coach & Immunity to Change, Spain

Talk: How does Positive Intelligence help you thrive in challenging times

11:40-12:00

Paul B. Thornton

Springfield Technical Community College, USA

Talk: Is Your Organization Aligned

12:00-12:20

Natalia Proops

Ayurvedic Lifestyle Consultant (Chopra Global), Medal for Peace, Rotary International, France

Talk: Flavours of vitality: Personalising self-care through Ayurveda, a journey of well-being and client service.

12:20-12:40

Elena Zangeeva

Co-Founder, Kvistly, Spain

Talk: Building Resilient Entrepreneurship: Strategies for Balancing Business Success and Mental Health

12:40-13:00

Lunch and Networking @ 13:00-14:00

Katharina Zipelius

Danish Egyptian Dialogue Initiative (DEDI), Luxembourg

Talk: Yes, We Can – There Is Hope For The Fashion Industry

14:00-14:20

Magdalena Tatarczewska

Phoenix Coaching, Spain

Talk: My Path to Conscious Leadership

14:20-14:40

Silvia Ayuso

Global Transformational Leadership Expert, Author, Speaker, Success Coach for Women, Spain

Talk: Unstoppable Leadership: Transforming the World and Inspiring Change

14:40-15:00

Nur Garriga

Founder & Director, NLP Global Master Trainer & Facilitator, Wellness Coach. Yoga Teacher, Spain

Talk: To be or not to be a Self-Starter & Entrepreneur

15:00-15:20

Neema Balolebwami Nelly

Founder & Software engineer, Emeaventure, Barcelona, Spain

Talk: Empowering Women Entrepreneurs: Leveraging Technology for Enhanced Leadership, Well-being, and Innovation

15:20-15:40

Pastor Carol A. Walker

I AM Purpose, LLC., USA

Talk: Walking in Your Destiny

15:40-16:00

Networking Break @ 16:00-16:20

Miriam Barajas

Top100 Mujeres Líderes Finalista, Ejen & CON Speaker, Spain

Talk: Developing Key Technical Skills for Success in Technology Entrepreneurship

16:20-16:40

Patu Antunes

Director, New Business, Strategy and Special Projects, Spain

Talk: Increasing visibility of women in public: From Wikipedia to Womenpedia

16:40-17:00

Milkia Waller

CEO, Milki Way Cosmetics & Skincare, USA

Talk: Coloring the world beautiful in business

17:00-17:20

Cristina Rojas Rodríguez

Mascristinarojas, Spain

Talk: 5 ways to become a sales superstar on LinkedIn

17:20-17:40

Special Talk:

Naya Priya

Sivananda affiliated yoga center, Barcelona

17:40-18:00

Workshop by Sivananda affiliated yoga center, Barcelona @ 18:00-18:45

"Come join us for a rejuvenating yoga session and leave feeling refreshed and energized! As a way to unwind and de-stress after two long days of learning and networking, we're excited to invite you to join us for a yoga session at the end of the conference.

Led by Naya Priya, a certified Sivananda yoga teacher, this soft yoga session is designed to help you relax, stretch your muscles, and clear your mind. It's the perfect way to end the day and recharge.

Please bring leggings or yoga pants and a fitted top, tank top or T-shirt, and a light jacket or sweater.

A changing room will be available for your convenience.

We hope to see you there! We promise you won't regret it."

Networking Dinner @ 19:30 onwards

We're excited to invite you to an evening networking dinner at the exclusive restaurant on October 28, 2023 at 19:30 onwards.

Location : ROYAL Nautical Club of Barcelona (RCNB), Barcelona

10/31/2023 | Tuesday | Virtual Program

Time zone: Eastern standard time (EST)

Ana Torralba Barallat

Systems Innovation Consultant & Coach Sustainability Expert, Systemic Leadership, Educator, Lightmaker, Spain

09:30-09:50

Talk: empowering for systems change: finding solutions for complex problems

Dr. Megha Ojha

Just Auto Solutions Pvt. Ltd.

Head Legal, PR and Communications

India

09:50-10:10

Ben Eden

MSHR, SHRM-SCP Leadership and Business Mindset Coach, USA

10:20-10:40

Talk: Strategic Wellbeing as an Entrepreneur

Anastasia Miadzvedziava

Belarus

10:40-11:00

Talk: Empowering Business in the Digital Era: building a Strategy and unlocking the genuine Value of Technology

L K Miller

LHP Executive Director, Founder, Theology of the Soul Psychology Institute, USA

Talk: Putting the Soul Back in Psychology: True Etiology of Psychological Disorders and Lasting Healing

11:00-11:20

Anire Celey-Okogun

Founder Chanelle Solicitors, USA

Talk: Empathy a Tool for Femalae Leadership

11:20-11:40

Ian Siderits

North Carolina State University, USA

Talk: Nature Contact: A Resource to Combat the Growth of Burnout

11:40-12:00

Mike Vacanti

Founder, Humans First. Culture & Tech Transformation Specialist
CEO, Advisor. High Achieving Leadership Strategies, USA

12:00-12:20

Barack El

Femigod Inc., USA

Talk: Finding Purpose Through Connection and Contribution

12:20-12:40

Dr. Shamonica Wimberly

CEO, Founder, Shakyra Renee Jewelry Collection and Success , USA

Talk: Destiny Fulfillment

12:40-13:00

Ann Bayly-Bruneel RP

SEP, RCAT, OATR Canada Heart-Sight Psychotherapy Services, Canada

Talk: The Practice Of Being A Global Citizen

13:00-13:20

Audra Kai Woodley

Board-Certified Quantum Health Coach, Washington, USA

Talk: Quantum Biofeedback Technology: An Innovative Approach To Health & Wellness

13:20-13:40

Award Ceremony

CPD Credits will be Accredited to all attendees